



Tibetan Land Healing

Transforming outer and inner worlds.

CREATING SACRED SPACE

Toronto, Oct 2-3



A Workshop for Buddhists, Shamanic Practitioners, Holistic Doctors, Healers, Energy Workers, Feng Shui practitioners, or *anyone* interested in transforming their outer and inner environment to create a space that promotes health, longevity, prosperity, happiness and spiritual power. We will learn 5 crucial steps:



1. **Blessing:** creating sacred space

The *Sang* sacred smoke ritual transmits vast spiritualized offerings to enlightened beings, local spirits, land guardians—and all creatures great and small. Vast positive karma is gathered, clearing obstacles, improving health and healing the environment.

2. **Enriching:** gathering wealth

The *Yang Guk* practice draws in prosperity and wealth energy, creating a natural flow of enrichment to the person, their body, mind, home, workplace, relationships, projects and spiritual path. The 5-element arrow and earth/wealth vase help increase the effect.

3. **Energizing:** regaining life force

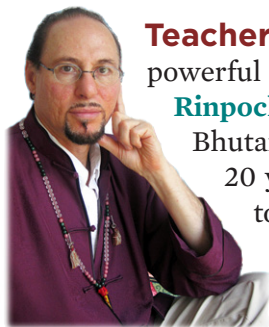
There is a basic life force (Qi) associated with our health, charisma, good fortune, career, relationships, spiritual life, etc. When diminished, everything feels blocked. *Lungta* rituals and prayer flag practice raises up these energies and puts the wind back in our sails.

4. **Purification:** clearing stains

Negative actions and experiences leave karmic stains and traumatic imprints that pollute our lives. *TrüSol* rituals clean the slate. It purifies the person—and their environment—of the effects of their own mistakes, as well as what has been done to them.

5. **Exorcism:** cutting obstacles

Chöd cuts through deep obstacles, such as chronic sickness, negative entities and spirits, and emotional trauma. It subdues disharmonious forces, bringing them towards spiritual healing. Vast karmic debts that are the cause of our difficulties are repaid and cleared.



Teachers: With a *unique* synergy of East and West, these trainings are powerful and comprehensive, yet lucid and highly accessible. **Tsewang Rinpoche** is head of the historic Sangye Teng monastery in Eastern Bhutan, and a great master of the Nyingma lineage, who has spent 20 years in meditative retreat. **Lama Jinpa** is a holistic doctor with 30 years of training in Tibetan Buddhism. **Lama Pema** is a master of meditation, painting and ritual arts.



WHERE: Institute of Traditional Medicine. 553 Queen St. W., 2nd Fl. Toronto, ON, M5V 2B6

COST: \$250 (includes extensive texts) **Canada: 416-537-0928** **USA: 310 403 8791**

CONTACT: Mona: info@instituteoftraditionalmedicine.com

www.instituteoftraditionalmedicine.com www.tibetanlandhealing.com